

What is CAF?

Sometimes you might need help or extra support to sort out a problem or worry – something at home, school, college, with your friends or family - you don't need to feel alone

CAF helps build up a complete picture of how things are for you and the kind of help you might need.

Who is CAF for?

CAF is for anyone 0 –18 years, up to 19 if Connexions is working with you or up to 24 if you have a learning difficulty or disability.



How can CAF help?

CAF involves you all the way through. You have a chat with someone who works with you, to talk about what is going well in life for you and if there is any extra support you might need. The worker will write down what you discuss on a standard CAF form. You get a copy of the form and you also decide who else can see it.

You will only need to tell your story once, rather than to lots of people.

Is it my choice?

Yes, CAF is voluntary and can only be done if you agree.

What happens next?

If you agree, a team of people will work with you to help you get the support you need.

Only workers who need to will see the information on your CAF form.

A meeting will be set up and you will be asked what support you would like.

Then everyone (including you) will come up with a plan.

Sometimes you might not want your parents or carers to be at a meeting - just let the worker know what you want.

One worker will be chosen as a Lead Professional.



What is a Lead Professional?

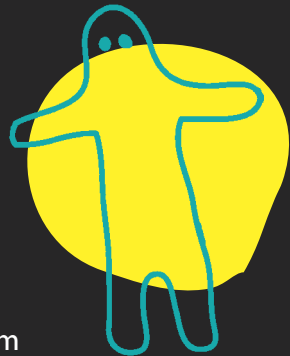
This is the person who will co-ordinate the things agreed in the plan. The Lead Professional will listen to what you want, discuss your worries and answer your questions - you will have a say in who will be the Lead Professional.

Confidentiality

Usually the information, which you provide, will only be shared if you agree. But, there might be certain times when the people working with you need to share information.

For example:

- To help protect a child who is at risk of harm
- When an adult is at risk of harm
- To help prevent or detect a serious crime



Want to know more?

You can talk to someone who works with you at school, college, Connexions, youth club etc

You can phone the CAF Co-ordinator on 01634 334325, or email caf.co-ordinator@medway.gov.uk

Information is also available on the Children's Trust website www.medwaychildrenstrust.co.uk



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